



Find Your Song & Sing It: Finding or Creating Work You Love

Thursdays: July 13th, 20th, 27th and August 3rd
6pm-9pm

You don't have to feel trapped because you are unhappy in your job, unemployed or under employed. It is in fact possible to envision the type of work that brings you joy, that you've always dreamt of doing and then follow some practical steps that will help that work become a reality.

Whether you desire to create a side business, or dive full time into your dream job created by you, you don't want to miss this experiential series. You will walk away with powerful information and strategies that will move you to the next level, beyond imagination or hope and right into your new reality...doing the work you desire

Here are the Learning Objectives, for which you will be actively engaged:

- Find a path that allows you to make a living and make a difference!
- Explore the 3 simplest ways to start a business!
- Explore how your attitudes & beliefs can affect your success!
- Review life events and experiences that hold great passion for you!
- Participants will learn how to set & accomplish goals for career transitions by focusing on what works for you instead of what isn't working!
- Explore hobbies that could produce income
- Using a unique, three-pronged approach to career development, participants during the class will engage in entrepreneurial exploration activities, career change and job search techniques



Sheyenne Kremer, Series Creator & Facilitator

Sheyenne Kremer, long time SERA, Inc. supporter, advocate, sharp business woman, speaker, author, trainer, coach and entrepreneur is the series designer and facilitator. Sheyenne has a passion for people who have become stuck in the "unemployment or unhappy at work trap" and a desire to help more people create "social enterprises".

As a result of 20 years of working with people facing unemployment, or who simply weren't happy in their current positions, whatever they were, she created a training program called "Find Your Song & Sing It: Finding or Creating Work You Love", which became a hit with organizations across the Triangle.

From her experiences, she authored a book called "Building the New Underground Railroad: The PLAY Book", where she shares stories of "unlikely entrepreneurs" who shatter many of the myths that "only certain people can become entrepreneurs".

What people are saying about this series :

"Find Your Song" was a class that showed me that I was not alone about how I thought about unemployment and entrepreneurship. It broke myths and gave me real strategies on how to move forward and become gainfully employed with a job I love..." Susan J.

"The class provides an opportunity to explore and reflect upon your unique skills through guided self-activities and classroom discussions to design a 'plan/do/review' program. In addition, the class provides you with self-motivation tools needed to execute what you can do differently today in creating your new career. Sheyenne also provides many resources to assist you in your career objectives to take action and apply yourself by creating and involving others to assist you in meeting and exceeding your plan objectives. I would highly recommend this class as part of your career

strategy!" Linda S.

"Overpowered by my outdated "story" of why, I "can't" pursue my dreams, because of this and that, Sheyenne challenged me to honor myself, stand in my own space, and not let life get in the way of making my dreams come true...I managed to push through limitations and learned how to turn my vision into reality by applying the Plan/Do/Review method." B. Dibbert

This program is sponsored by Wake Tech Community College - HRD Dept.



Fee for this series is waived for all those unemployed or underemployed

This series is 4 sessions long and you don't want to miss not even one!

Event Location:

**Chavis Community Center
505 Martin Luther King Blvd
Raleigh, NC 27610**

Mark your calendars

July 13th 5:30pm to 9pm

July 20th 6pm - 9pm

July 27th 6pm - 9pm

Aug 3rd: 6pm - 9pm

To register please email dlists@southeastraleigh.org

STAY CONNECTED:

